

Thank you for choosing Brooks Rehabilitation for your road to recovery. You, your family and your rehabilitation team will work together to ensure you meet all of your goals.

At Brooks, we continue to closely monitor the latest information about Coronavirus (COVID-19). We have diligently planned our approach to ensure the safety of our patients - and everyone - is the priority.



THERAPY

A combination of physical, occupational, speech, recreational and music therapy is provided seven days a week. Scheduled times are based on individual patient's needs.



SAFETY TIPS

- Please always ask for assistance from staff to prevent falls.
- Please leave all valuables at home as we are not responsible for lost items.
- No appliances or electronics such as hair dryers, coffee makers, heaters, etc., are allowed.



PHYSIATRIST

A physician who specializes in physical medicine and rehabilitation. They are focused on restoring function and improving quality of life.



WHAT TO WEAR

Loose fitting, comfortable clothes and rubber soled shoes.



SHOWERS

Will be evaluated by the patient's care team and given when appropriate and safe.



SERVICES AVAILABLE

- Chaplain services
- Laundry machines
- Gift shop
- Cafeteria
- Vending machines



GOALS

- Receive an exceptional patient experience from your Brooks team
- To improve independence, quality of life and self-care routines or activities.



DISCHARGE PLANNING

Your rehabilitation team will provide:

- Caregiver training to prepare for discharge
- A discharge plan with a tentative discharge date
- A review of medications with education prior to discharge
- Medication prescriptions
- A plan for equipment needed at home
- Follow-up physician appointments
- Discharge instructions on day of discharge

VISITATION

One visitor, who is your designated emergency contact, is authorized to visit during your stay.

VIRTUAL VISITS

Virtual visits are available for anyone who wants to set up a time to communicate with you. Loved ones can call **(904) 990-6186** or email **ConnectWithBrooks@Brooksrehab.org** to schedule a virtual visit.