



# BARTRAM LAKES

BROOKS™ ASSISTED LIVING

## THE LAKES LOG

JUNE  
2020

### INSIDE THIS ISSUE:

Message from the Administration	1
Social Scene	2
Dish on Dining	3
Healthcare Heros	4

### JUNE BIRTHDAYS

#### *Residents*

Annie Williams 6/2  
Charles "Pat" Dyer 6/2  
Hildegard Etzkorn 6/9  
Jason Newton 6/11  
Betty Lou Manning 6/11  
Charles Satterwhite 6/12  
Irene Strauss 6/20  
Tom Smallwood 6/24  
Donald "Don" Moore 6/26

#### *Staff*

Alexis Bryant 6/2  
Sandra Brooks 6/13  
Decontee Saypoh 6/21  
Alyse Welch 6/28



#### Contributors:

Jill Bennett  
Maria Interiano  
Rachel Wakefield

To our Residents and Family Members,

We want to thank you for the trust you've placed in Brooks by allowing us to take care of your loved one. We spend everyday working tirelessly to make sure they and our staff are safe. As you are likely aware, the Federal and State government has placed a great deal of attention on skilled nursing and assisted living facilities. As such, we want to let you know of some new actions they will be taking.

To prevent the spread of COVID-19 in long-term care and residential facilities, the Agency for Health Care Administration (AHCA) issued [Emergency Rule 59AER20-2](#) and [Emergency Rule 59AER20-3](#), which mandates entry into the facilities for infection control and testing for COVID-19. Under these rules, the Florida Department of Health (FDOH) is authorized to evaluate our infection control standards and provide COVID-19 testing of all staff and residents. This does not affect daily operations. Everything will continue to run normally.

The safety and well-being of our residents, patients and employees is always our top priority. While we are still screening all staff and residents daily, including temperature checks, this mandated testing is an additional safety measure to prevent the spread of COVID-19. Additionally, AHCA also issued [Emergency Rule 59AER20-1](#) that requires hospitals to test individuals for COVID-19 before discharging them to a skilled nursing facility. This ensures that anyone admitted to our facilities will not have COVID-19.

We will be working with the FDOH to perform the testing at each of our facilities - Bartram Crossing, Bartram Lakes, the Green House Residences and University Crossing. There has been no timetable defined by the FDOH, but we will share information with you regarding testing dates as soon as we receive it. We also will communicate the results of your loved one's test. As we have been doing throughout this process, we'll continue to alert you if any resident, patient or staff member tests positive.

As a reminder, we'll be continuing our various communication options, including:

**Status updates:** The assigned nurse will communicate directly with you if there is any change in the condition of your loved one.

**Care plan meetings:** These are available via phone and scheduled by a member of our team.

**Phone or video appointments:** In addition to making phone calls to your loved one, you also have the option to conduct a video call using platforms like FaceTime and Zoom. To speak with a member of our Brooks team who will assist in scheduling and setup, simply call (904) 990-6186 between the hours of 7 a.m. and 9 p.m., or send an email to [ConnectWithBrooks@Brooksrehab.org](mailto:ConnectWithBrooks@Brooksrehab.org) anytime.

We understand this is a difficult time for everyone. Please be assured all these measures are in the best interest of our patients, residents and our employees with safety as our number one priority. If you have any questions, please feel free to reach out to Maria Interiano directly.

# Social Scene



## Mother's Day Visits



## Happy Hour Cart



Join our Brooks Rehabilitation chaplain for a prayer moment during these unprecedented times of uncertainty.

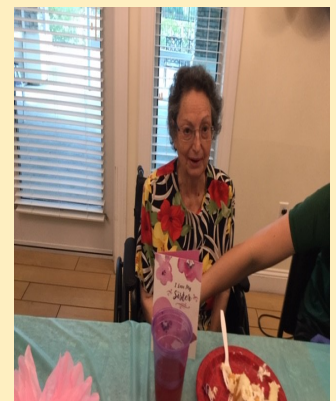
My Strength Prayer Moment takes place at 4pm, 7 days a week.

This non-denominational moment of prayer is open to employees, residents and families.

Call: (877) 369-0926

Meeting ID: 280 575 5684

## May Birthdays





# The Dish on Dining

Thank you for your flexibility as our style of service has been changing in order to keep everyone safe and healthy. I know it is disappointing for some cancellations, but we will kick-off more dining events as soon as we can! We thank you for the responses from our Food Committee Survey and hope you enjoyed the special events that were inspired from your feedback! Be on the look-out for another Food Committee Survey in June in lieu of an in-person meeting.

Our new manager, Kevin, will be taking over Dish on Dining soon. I am not going anywhere; I will just be spending more time with Bartram Crossing. Kevin and I will be working closely together and your satisfaction is a priority to us!

In the meantime, we have the following ice cream flavors available to order: Butter Pecan, Mint Chocolate Chip, Chocolate, Vanilla, Strawberry, and Orange Sherbet.

If you have any requests or suggestions, please reach out to any of the dining managers or call the following extensions: X53067 (Main Kitchen), X53060 (Director), X53061 (Managers).

Sincerely,  
Rachel Wakefield  
Dining Services Manager

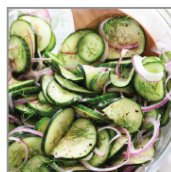


## Cool as a Cucumber Recipe

### Dilled Swedish Cucumber Salad

#### Ingredients:

- 1 English cucumber, thinly sliced
- 1 small red onion, thinly sliced
- 1/3 cup apple cider vinegar
- 2 tablespoons water
- 1/2 teaspoon salt
- 3 tablespoons sugar
- 1 tablespoon finely chopped fresh dill



#### Directions

1. Toss cucumber and red onion in a small bowl. Set aside.
2. Combine vinegar, water, salt, and sugar in a medium bowl. Add to red onions and cucumber. Add dill and toss to coat.
3. Cover and set aside for 30 minutes to allow the flavors to marinate before serving.

*Makes 4 servings*

# Healthcare Heroes



**Stay connected to your family member through Facebook**  
Please like "Bartram Lakes-An Assisted Living Facility"  
on Facebook to see photos and learn about upcoming events  
for Bartram Lakes and the Green Houses.