

Regular Diet							University Crossing Spring Summer Menu 2020							Week 1						
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday								
Breakfast																				
Diced Peaches Old-Fashioned Oatmeal Buttered Grits Pancakes Scrambled Eggs Pork Sausage Patty Turkey Sausage Patty Whole Wheat Toast Milk or Coffee		Banana Old-Fashioned Oatmeal Buttered Grits Biscuit with Gravy Scrambled Eggs Pork Bacon Turkey Sausage Patty Apple Spice Muffin Milk or Coffee		Fruit Cocktail Old-Fashioned Oatmeal Buttered Grits Mini Cinnamon Raisin Bagel Scrambled Eggs Pork Sausage Patty Turkey Sausage Patty Whole Wheat Toast Milk or Coffee		Diced Pears Old-Fashioned Oatmeal Buttered Grits Scrambled Eggs w/ Cheese Scrambled Eggs Grilled Ham Turkey Sausage Patty Hash Brown Patty Milk or Coffee		Pineapple Chunks Old- Fashioned Oatmeal Buttered Grits Biscuit with Gravy Scrambled Eggs Pork Sausage Patty Turkey Sausage Patty Whole Wheat Toast Milk or Coffee		Banana Old-Fashioned Oatmeal Buttered Grits Honey Custard French Toast Scrambled Eggs Grilled Ham Turkey Sausage Patty Whole Wheat Toast Milk or Coffee		Mandarin Oranges Old- Fashioned Oatmeal Buttered Grits Hard Boiled Egg Scrambled Eggs Pork Bacon Turkey Sausage Patty FR Hash Brown Patty Milk or Coffee								
Lunch																				
Chicken Barley Soup Chicken Salad Sandwich Turkey Tetrizzini Squash Medley Green Beans Rice Pilaf Buttered Egg Noodles Dinner Roll Butterscotch Pudding Unsweetened Iced Tea		Vegetable Rice Soup Chicken,Egg & Tuna Salad Plate Lowcountry Shrimp & Grits Green Peas Green Beans Bistro Chips Buttered Egg Noodles Dinner Roll Strawberry Shortcake Unsweetened Iced Tea		French Onion Soup Spinach & Cheese Quiche Turkey Burger Roasted Brussels Sprouts Green Beans Scalloped Potatoes Buttered Egg Noodles Dinner Roll Snickerdoodles Unsweetened Iced Tea		Baked Potato Soup Chicken Spinach Flatbread Grilled Flank Steak Roasted Cauliflower Green Beans Modified Pasta Salad Buttered Egg Noodles Dinner Roll Cookie Mousse Unsweetened Iced Tea		Cream of Broccoli Soup Ham Macaroni and Cheese Rotisserie-Style Chicken Sauteed Vegetable Medley Green Beans Parmesan Mashed Potatoes Buttered Egg Noodles Dinner Roll Brownies Unsweetened Iced Tea		Hearty Vegetable Soup Meatball Sliders Apricot Glazed Pork Broccoli Au Gratin Green Beans Chickpea Salad Buttered Egg Noodles Dinner Roll Cubed Watermelon Unsweetened Iced Tea		Black Bean Soup Carolina BBQ Pork Sandwich Hot Dog on Bun Sauteed Collard Greens Green Beans Coleslaw Buttered Egg Noodles Corn Muffin Lemon Pudding Parfait Unsweetened Iced Tea								
Dinner																				
Caesar Salad Baked Ziti Honey Bourbon Pork Loin Broccoli Green Beans Garlic Orzo Buttered Egg Noodles Dinner Roll Peach Crisp Milk, Lowfat, 2%		Tossed Salad Lemon Pepper Chicken Beef Ragout with Noodles Summer Succotash Green Beans Baked Sweet Potato Buttered Egg Noodles Dinner Roll Brownies w/Caramel Milk, Lowfat, 2%		Tossed Salad Garlic Herb Meatloaf Chicken Pan Pie Cinnamon glazed carrots Green Beans Rosemary Roasted Red Potatoes Buttered Egg Noodles Cornbread Banana Pudding Mousse Milk, Lowfat, 2%		Tomato & Cucumber Salad Chicken Piccata Bratwurst on Bun California Blend Veggies Green Beans Hot German Potato Salad Buttered Egg Noodles Dinner Roll Lemon Meringue Pie Milk, Lowfat, 2%		Broccoli Salad Chicken Sandwich Braised Pork Sauteed Spinach Green Beans Black-Eyed Peas Buttered Egg Noodles Biscuit Carrot Cupcake Milk, Lowfat, 2%		Tossed Salad Fish Tacos Chicken Cacciatore Southwest Grilled Veggies Green Beans Yellow Rice Buttered Egg Noodles Dinner Roll Strawberries Romanoff Milk, Lowfat, 2%		Caesar Salad Roast Turkey with Gravy Vegetable Lasagna Peas & Mushrooms Green Beans Cornbread Stuffing Buttered Egg Noodles Dinner Roll Chocolate Cake Milk, Lowfat, 2%								

Regular Diet							Universtiy Crossing Spring Summer Menu 2020							Week 2						
Sunday			Monday			Tuesday			Wednesday			Thursday			Friday			Saturday		
Breakfast																				
Orange Juice Diced Peaches Old-Fashioned Oatmeal Buttered Grits Cinnamon Pancakes Scrambled Eggs Pork Sausage Patty Turkey Sausage Patty Whole Wheat Toast Coffee or Milk			Orange Juice Banana Old-Fashioned Oatmeal Buttered Grits Biscuit with Gravy Scrambled Eggs Turkey Bacon Turkey Sausage Patty Cranberry Muffin Coffee or Milk			Orange Juice Green Seedless Grapes Old- Fashioned Oatmeal Buttered Grits Denver Scrambled Eggs Scrambled Eggs Pork Sausage Patty Turkey Sausage Patty Whole Wheat Toast Coffee or Milk			Orange Juice Diced Pears Old-Fashioned Oatmeal Buttered Grits Scrambled Eggs & Cheese Scrambled Eggs Grilled Ham Turkey Sausage Patty FR Hash Brown Patty Coffee or Milk			Orange Juice Pineapple Chunks Old-Fashioned Oatmeal Buttered Grits Biscuit with Gravy Scrambled Eggs Pork Sausage Patty Turkey Sausage Patty Whole Wheat Toast Coffee or Milk			Orange Juice Banana Old-Fashioned Oatmeal Buttered Grits French Toast Scrambled Eggs Grilled Ham Turkey Sausage Patty Whole Wheat Toast Coffee or Milk			Orange Juice Mandarin Orange Sections Old- Fashioned Oatmeal Buttered Grits Hard Boiled Egg Scrambled Eggs Pork Bacon Turkey Sausage Patty Hash Brown Patty Coffee or Milk		
Lunch																				
Pasta Fagioli Roasted Vegetable Pizza Ham Salad Sandwich Asparagus Green Beans Pasta Salad Buttered Egg Noodles Dinner Roll Lime Sherbet Milk or Iced Tea			Split Pea Soup Blackbean burger Italian Hoagie Broccoli Salad Green Beans Tater Tots Buttered Egg Noodles Dinner Roll Cherry Jello & Whip Topping Milk or Iced Tea			Vegetable Soup Ham & Cheese Quiche Hot Turkey Sandwich Grilled Zucchini & Squash Green Beans Crispy Fried Sweet Potatoes Buttered Egg Noodles Dinner Roll Chocolate Chip Cookies Milk or Iced Tea			Chicken Orzo Soup Deluxe Hamburger Chicken Salad Fruit Plate Green Bean Amandine Seasoned Carrots French Fries Buttered Egg Noodles Dinner Roll Honeydew and Cantalope Milk or Iced Tea			Potato Leek Soup Philly Steak BBQ Chicken Flatbread Carrot Raisin Salad Green Beans Bistro Chips Buttered Egg Noodles Dinner Roll Chocolate-Vanilla Parfait Milk or Iced Tea			Broccoli Cheddar Soup Chef Salad Fried Shrimp Po Boy Braised Red Cabbage Green Beans Lemon Dill Potato Salad Buttered Egg Noodles Dinner Roll Cubed Watermelon Milk or Iced Tea			Minestrone Soup Basil Turkey Meatballs Chicken and Dumplings Roasted Zucchini Green Beans Penne with Marinara Buttered Egg Noodles Dinner Roll Bread Pudding Milk or Iced Tea		
Dinner																				
Tossed Salad French Dip Sandwich Baked Fish with Crumb Steamed Carrots Green Beans Barley Pilaf Buttered Egg Noodles Dinner Roll Blonde Brownies Milk or Iced Tea			Tossed Salad Oven Fried Chicken Thigh Pork Dijonnaise Grilled Vegetables Green Beans Mashed Potatoes Buttered Egg Noodles Corn Muffin Rice Krispie Treat Milk or Iced Tea			Tossed Salad Asian Beef Stir Fry in Orange Sauce Teriyaki Chicken Snow Peas Stir Fried Green Beans Brown Fried Rice Buttered Egg Noodles Dinner Roll Lemon Cupcakes Milk or Iced Tea			Tossed Salad Honey Glazed Ham Liver and Onions Sauteed Vegetable Medley Green Beans Baked Sweet Potato Buttered Egg Noodles Cornbread Pear Cobbler Milk or Iced Tea			Garbanzo Bean Salad Lasagna Turkey Salad Sandwich Fresh Green Beans Seasoned Carrots Garlic Orzo Buttered Egg Noodles Dinner Roll Coconut Cream Pie Milk or Iced Tea			Tossed Salad Macaroni and Cheese Braised Beef with Gravy Sauteed Collard Greens Green Beans White Rice Buttered Egg Noodles Corn Muffin Strawberry Cheesecake Milk or Iced Tea			Tossed Salad BBQ Chicken Quarter Herb Roasted Pork Coleslaw Green Beans Baked Beans Buttered Egg Noodles Dinner Roll Rice Pudding Milk or Iced Tea		

Regular Diet							University Crossing Spring Summer Menu 2020							Week 3
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
Breakfast														
Orange Juice Diced Peaches Old-Fashioned Oatmeal <i>Buttered Grits</i> Cranberry Pancakes <i>Scrambled Eggs</i> Pork Sausage Patty Turkey <i>Sausage Patty</i> Whole Wheat Toast Milk or Coffee		Orange Juice Banana Old-Fashioned Oatmeal <i>Buttered Grits</i> Biscuit with Gravy <i>Scrambled Eggs</i> Turkey Bacon <i>Turkey Sausage Patty</i> Blueberry Muffin Milk or Coffee		Orange Juice Fruit Cocktail Old-Fashioned Oatmeal <i>Buttered Grits</i> Cinnamon Raisin Bagel <i>Scrambled Eggs</i> Pork Sausage Patty Turkey <i>Sausage Patty</i> Whole Wheat Toast Milk or Coffee		Orange Juice Diced Pears Old-Fashioned Oatmeal <i>Buttered Grits</i> Scrambled Eggs & Cheese <i>Scrambled Eggs</i> Grilled Ham <i>Turkey Sausage Patty</i> Hash Brown Patty Milk or Coffee		Orange Juice Pineapple Chunks Old-Fashioned Oatmeal <i>Buttered Grits</i> Biscuit with Gravy <i>Scrambled Eggs</i> Pork Sausage Patty Turkey <i>Sausage Patty</i> Whole Wheat Toast Milk or Coffee		Orange Juice Banana Old-Fashioned Oatmeal <i>Buttered Grits</i> Orange French Toast <i>Scrambled Eggs</i> Grilled Ham <i>Turkey Sausage Patty</i> Whole Wheat Toast Milk or Coffee		Orange Juice Mandarin Orange Sections Old- Fashioned Oatmeal <i>Buttered</i> <i>Grits</i> Hard Boiled Egg <i>Scrambled Eggs</i> Pork Bacon <i>Turkey Sausage Patty</i> Hash Brown Patty Milk or Coffee		
Lunch														
Tomato Bisque Soup Pimento Cheese Sandwich <i>Sloppy Joe Sandwich</i> Garden Vegetable Blend <i>Green Beans</i> Red Potato Salad <i>Buttered Egg</i> <i>Noodles</i> Dinner Roll Cinnamon Cookies Milk or Iced Tea		Vegetable Soup Spinach & Cheese Quiche <i>BLT on Sourdough</i> Cucumber & Tomato Salad <i>Green Beans</i> Tater Tots <i>Buttered Egg Noodles</i> Corn Muffin Cherry Cheese Pie Milk or Iced Tea		Baked Potato Soup Turkey Salad Sandwich <i>Kielbasa w/ Peppers & Onion</i> Broccoli <i>Green Beans</i> Macaroni Salad <i>Buttered</i> <i>Egg Noodles</i> Dinner Roll Vanilla Ice Cream Milk or Iced Tea		White Bean Soup Cottage Cheese & Fruit <i>Balsamic Chicken Breast</i> Dill Carrots <i>Green Beans</i> Salt & Pepper Chips <i>Buttered</i> <i>Egg Noodles</i> Dinner Roll Chocolate Chip Cookies Milk or Iced Tea		Turkey Noodle Soup Sweet n Sour Pineapple Pork <i>Cheese Pizza</i> Sesame Broccoli & Carrots <i>Green Beans</i> White Rice <i>Buttered Egg Noodles</i> Dinner Roll Oranges Milk or Iced Tea		Cream of Celery Soup Turkey Meatloaf <i>Egg Salad Croissant</i> Fried Okra <i>Green Beans</i> Baked Potatoes <i>Buttered Egg</i> <i>Noodles</i> Dinner Roll Cubed Cantaloupe Milk or Iced Tea		Vegetable Rice Soup Hot Dog <i>Baked Chicken</i> Caraway Coleslaw <i>Green Beans</i> Baked Beans <i>Buttered</i> <i>Egg Noodles</i> Cornbread Cubed Watermelon Milk or Iced Tea		
Dinner														
Tossed Salad Roast Turkey with Gravy <i>Chicken Fried Steak</i> Chopped Asparagus <i>Green Beans</i> White Rice <i>Buttered Egg Noodles</i> Biscuit Peach Trifle with Raspberry Sauce Milk or Iced Tea		Caesar Salad Lemon Dill Cod <i>Bowtie Chicken Alfredo</i> Steamed Carrots <i>Green Beans</i> Herbed Rice Pilaf <i>Buttered Egg</i> <i>Noodles</i> Dinner Roll Chocolate Tart Milk or Iced Tea		Tossed Salad Fried Popcorn Shrimp <i>BBQ Chicken</i> Sauteed Collard Greens <i>Green Beans</i> Seasoned Pinto Beans <i>Buttered Egg Noodles</i> Corn Muffin Mango Blueberry Medley Milk or Iced Tea		Caesar Salad Spaghetti with Meatballs <i>Ham With Pineapple</i> Italian Flat Beans <i>Green Beans</i> Mashed Sweet Potatoes <i>Buttered Egg Noodles</i> Dinner Roll Tiramisu Milk or Iced Tea		Tossed Salad Deluxe Hamburger <i>Fish Sandwich</i> Steamed Corn Kernels <i>Green Beans</i> Tater Tots <i>Buttered Egg Noodles</i> Corn Muffin Strawberry Ice Cream Milk or Iced Tea		Tossed Salad Turkey Enchiladas <i>Chicken Tenders</i> Sauteed Vegetable Medley <i>Green</i> <i>Beans</i> Black Bean and Corn Salad <i>Buttered Egg Noodles</i> Dinner Roll Black Forest Parfait Milk or Iced Tea		Tossed Salad Braised Beef Pot Roast <i>Macaroni and Cheese</i> Peas and Pearl Onions <i>Green Beans</i> White Rice <i>Buttered Egg Noodles</i> Dinner Roll Banana Pudding Milk or Iced Tea		

Reg/NAS	University Crossing Spring Summer Menu						Week 4
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Breakfast							
Diced Peaches Old-Fashioned Oatmeal <i>Buttered Grits</i> Buckwheat Pancakes <i>Scrambled Eggs</i> Pork Sausage Patty <i>Turkey</i> <i>Sausage Patty</i> Whole Wheat Toast Milk or Coffee	Banana Old-Fashioned Oatmeal <i>Buttered Grits</i> Biscuit with Gravy <i>Scrambled</i> <i>Eggs</i> Turkey Bacon <i>Turkey Sausage Patty</i> Banana Muffin Milk or Coffee	Grapes Old-Fashioned Oatmeal <i>Buttered</i> <i>Grits</i> Scrambled Eggs with Ham <i>Scrambled Eggs</i> Pork Sausage Patty <i>Turkey</i> <i>Sausage Patty</i> Whole Wheat Toast Milk or Coffee	Diced Pears Old-Fashioned Oatmeal <i>Buttered</i> <i>Grits</i> Scrambled Eggs w/ Cheese <i>Scrambled Eggs</i> Grilled Ham <i>Turkey Sausage Patty</i> Hash Brown Patty Milk or Coffee	Pineapple Chunks Old- Fashioned Oatmeal <i>Buttered</i> <i>Grits</i> Biscuit with Gravy <i>Scrambled</i> <i>Eggs</i> Pork Sausage Patty <i>Turkey</i> <i>Sausage Patty</i> Whole Wheat Toast Milk or Coffee	Banana Old-Fashioned Oatmeal <i>Buttered Grits</i> Cinnamon French Toast <i>Scrambled Eggs</i> Grilled Ham <i>Turkey Sausage Patty</i> Whole Wheat Toast Milk or Coffee	Mandarin Orange Sections Old- Fashioned Oatmeal <i>Buttered</i> <i>Grits</i> Hard Boiled Egg <i>Scrambled Eggs</i> Pork Bacon <i>Turkey Sausage Patty</i> Hash Brown Patty Milk or Coffee	
Lunch							
Chicken Orzo Soup Meatball Parmesan Sub <i>Turkey &</i> <i>Cheese Sandwich</i> California Vegetables <i>Green</i> <i>Beans</i> Pesto Pasta Salad Dinner Roll Peanut Butter Cookies Unsweetened Iced Tea	Wedding Soup Teriyaki Chicken <i>Dijon Roast Beef Sandwich</i> Vegetable Stir Fry <i>Green</i> <i>Beans</i> White Rice Dinner Roll Tropical Fruit Unsweetened Iced Tea	Tomato Bisque Vegetable Quiche <i>Ham & Macaroni Au Gratin</i> Sauteed Spinach <i>Green Beans</i> Lemon Orzo Dinner Roll Orange Sherbet Unsweetened Iced Tea	Navy Bean Soup Tuna Salad Plate <i>Chicken Sandwich</i> Coleslaw <i>Green Beans</i> Baked Sweet Potatoes Dinner Roll Cubed Watermelon Unsweetened Iced Tea	Hearty Vegetable Soup Pepperoni Flatbread <i>Italian</i> <i>Sausage & Peppers</i> Fresh Asparagus <i>Green Beans</i> Penne with Marinara Dinner Roll Cookies and Cream Cake Unsweetened Iced Tea	Cream Chicken Soup BBQ Pork Sandwich <i>Fried</i> <i>Chicken</i> Coleslaw <i>Green Beans</i> Black-Eyed Peas Corn Muffin Vanilla Ice Cream Unsweetened Iced Tea	Lentil and Spinach Soup Chicken Bowtie Alfredo <i>Turkey Enchiladas</i> Soft Three Bean Salad <i>Green</i> <i>Beans</i> Yellow Rice Dinner Roll Chocolate Applesauce Unsweetened Iced Tea	
Dinner							
Tossed Salad Garlic Herb Roasted Chicken Quarter <i>Baked Ziti with Sausage</i> Roasted Carrots <i>Green</i> <i>Beans</i> Garden Rice Dinner Roll Strawberries Romanoff Unsweetened Iced Tea	Tossed Salad Herb Roasted Pork <i>Chicken and Rice Casserole</i> Broccoli <i>Green Beans</i> Brown Rice and Lentils Cornbread Brownies Unsweetened Iced Tea	Tossed Salad Rotisserie Turkey Breast <i>Fish Sandwich</i> Steamed Corn Kernels <i>Green</i> <i>Beans</i> Scalloped Potatoes Dinner Roll Ice Cream Sandwich Unsweetened Iced Tea	Caesar Salad Cheese Ravioli with Marinara <i>Swedish Meatballs</i> Sauteed Zucchini <i>Green Beans</i> Buttered Egg Noodles Dinner Roll Fresh Fruit Salad Unsweetened Iced Tea	Tossed Salad Orange Asian Chicken <i>Roast Pork Sandwich</i> Snow Peas <i>Green Beans</i> White Rice Dinner Roll Raspberry Oatmeal Bar Unsweetened Iced Tea	Tossed Salad Baked Fish with Crumb Topping <i>Philly Steak</i> Garlic Green Beans <i>Green</i> <i>Beans</i> Red Potatoes Dinner Roll Warm Pear Cobbler Unsweetened Iced Tea	Caesar Salad Tomato Braised Beef <i>Hot Ham and Cheese</i> Roasted Cauliflower <i>Green</i> <i>Beans</i> Baked Sweet Potato Dinner Roll Cherry Crisp Unsweetened Iced Tea	