




# BRAIN INJURY PROGRAM



Brooks has the experience and experts to help brain injury survivors recover.

At Brooks Rehabilitation, we have almost 50 years of expertise in treating brain injuries. Brooks provides more specialized, focused rehabilitation than any other provider in the region, offering the most innovative, scientifically supported treatments available. We know that a brain injury affects each person differently. That's why we offer an individualized plan of care focused on your specific goals and needs.

## Why Choose Brooks?

What makes the brain injury recovery program at Brooks unique?

- A team of highly-trained specialists working together to help you achieve the most complete recovery possible
- Innovative, state-of-the-art equipment with proven outcomes
- Full system of care to meet your needs at all stages of recovery
- Specialized programs developed to help with the unique needs of brain injury survivors, such as: Driver Rehabilitation, Day Treatment, Neuro Recovery Centers, Brooks Clubhouse, Brooks Aphasia Center, Brain Injury Wellness and Brooks Adaptive Sports & Recreation

# Expertise of Staff

At Brooks, you are cared for by a designated team of experts in brain injury recovery. Depending on your needs, your customized rehabilitation team includes full-time professionals such as:

- A doctor specializing in physical medicine and rehabilitation to oversee your recovery
- Physical therapists to help strengthen your muscles for increased balance, walking and coordination
- Occupational therapists to focus on muscle strength for increased hand and arm use with daily living activities
- Speech-language pathologists to help regain the ability to communicate, swallow safely and understand information
- Neuropsychologists, who perform evaluations to determine if there are any deficits in concentration, memory, reasoning and problem solving
- Cognitive rehabilitation therapists to treat memory and executive deficits plus teach self-management
- Certified rehabilitation nurses experienced in brain injury care and education
- Case managers to coordinate your inpatient stay and help plan your continued care
- Recreation therapy to help you find enjoyment in returning to leisure activities and introducing activities adapted to your new abilities

# Brooks Disorders of Consciousness Program

The purpose of the Brooks Disorders of Consciousness (DoC) program is to provide an accurate clinical diagnosis of your loved one's precise recovery stage.

This specialized, short-term program is specific to patients who are in a reduced or minimally conscious state following a neurological injury or illness.

Patients are assessed and monitored closely during their two to three hours of daily therapy. Extensive family training and education are also provided throughout the stay.



We offer a full system of care to address your needs at each stage of recovery:

## INPATIENT REHABILITATION

### BROOKS REHABILITATION HOSPITAL

With 160-beds, Brooks Rehabilitation Hospital combines highly trained clinicians with the latest technologies to advance rehabilitation for patients with a brain injury, spinal cord injury, stroke, orthopedic injury and pediatric conditions. 3599 University Blvd. S. • Jacksonville, FL 32216  
P (904) 345-7600 • F (904) 345-7619

### HALIFAX HEALTH | BROOKS REHABILITATION CENTER FOR INPATIENT REHABILITATION

Halifax Health and Brooks Rehabilitation partnered to create a state-of-the-art inpatient rehabilitation center specializing in stroke, spinal cord injury, brain injury and complex orthopedic conditions.  
8th and 9th floors of Halifax Health Medical Center  
303 N. Clyde Morris Blvd. • Daytona Beach, FL 32114  
P (386) 254-4000 • F (386) 425-5801

## SKILLED NURSING

### BARTRAM CROSSING & UNIVERSITY CROSSING

Our skilled nursing facilities provide both short- and long-term rehabilitation and nursing care.  
BC: 6209 Brooks Bartram Drive • Jacksonville, FL 32258  
P (904) 528-3010 • F (904) 528-3012  
UC: 6210 Beach Blvd. • Jacksonville, FL 32216  
P (904) 345-8100 • F (904) 345-8108

## HOME HEALTH

A Medicare and ACHC Certified Home Care Agency with stellar patient care and great outcomes. Our skilled services include: nursing, physical therapy, occupational therapy, speech therapy and medical social work.  
24-Hour Response Help Line (904) 306-9729  
P (844) 238-0064 • F (844) 238-0066

## CUSTOM CARE

Our experienced team of certified nursing assistants and home health aides are dedicated to treat every client as if they are a part of our family.  
P (904) 301-0555

## OUTPATIENT REHABILITATION

With a network of over 38 clinics and growing, Brooks Outpatient provides highly specialized staff, services and technology. Specialty clinics include Sports Therapy, Balance, Low Vision, Motion Analysis and our Neuro Recovery Centers.  
Central Intake (888) 323-8005  
P (904) 345-7277 • F (904) 345-7280

## BROOKS REHABILITATION MEDICAL GROUP

Our Physicians Practice provides inpatient rehabilitation, outpatient care, acute care consultation, skilled nursing care, research and medical education.  
P (904) 345-7373

## BRAIN INJURY DAY TREATMENT

Individual and group-based services are offered in the Brain Injury Day Treatment Program, which emphasizes cognitive and physical recovery.  
P (904) 345-7223

## HELEN'S HOUSE

A nonprofit hospitality house offering affordable temporary lodging to Brooks' patients and their caregivers. 6207 Beach Blvd. • Jacksonville, FL 32216  
P (904) 990-6530 • F (904) 990-6531  
BrooksHelensHouse.org

## COMMUNITY PROGRAMS

### ADAPTIVE SPORTS & RECREATION

Brooks offers one of the most comprehensive adaptive sports programs in the country, providing fun and fitness for people living with physical disabilities.  
Jacksonville P (904) 345-7314  
Daytona P (386) 871-3024  
BrooksAdaptiveSportsAndRecreation.com

### APHASIA CENTER

The Aphasia Center provides comprehensive support to those affected by aphasia due to stroke, traumatic brain injury, brain tumors and other neurological disorders.  
Jacksonville P (904) 345-6780  
St. Augustine P (904) 824-1478

### CLINICAL RESEARCH CENTER

Our Clinical Research Center engages in a variety of clinical trials in partnership with the University of Florida, UF Health Jacksonville, University of North Florida, Mayo Clinic and the Veterans Administration.  
P (904) 345-8970

### CLUBHOUSE

Our day program focuses on improving functional abilities, developing work skills and creating a sense of community and belonging.  
P (904) 674-6400

### NEURO RECOVERY CENTERS

These unique gyms allows individuals with disabilities to continue ongoing exercise and conditioning to maintain and improve functional movement and abilities.  
3599 University Blvd. S. • Jacksonville, FL 32216  
P (904) 345-6812 • F (904) 345-7763  
500 Park Ave. • Orange Park, FL 32073  
P (904) 278-7890 • F (904) 345-7762

### PEDIATRIC RECREATION

Our program provides a safe and supportive environment for youth with physical and/or developmental disabilities so they can engage in recreational activities with their peers.  
P (904) 345-7501

### WELLNESS PROGRAMS

Through partnerships with the YMCA's of Florida and Halifax Medical Center, this program offers multiple locations where survivors can complete a prescribed exercise plan under the guidance of trained exercise specialists.  
P (904) 345-7277



BrooksRehab.org



#WeAreBrooks