

## Helping people join in life's conversation

**Aphasia** is a language disorder caused by a stroke or brain injury that does not affect someone's intelligence. The Brooks Rehabilitation Aphasia Center bridges the gap between medical rehabilitation and community reintegration. We provide comprehensive support to those affected by aphasia and their families. Our center offers two programs for people with aphasia. We offer a community aphasia program and an intensive comprehensive six-week program. We offer all families communication support, outings, aphasia groups on line, family training and support groups.

### Community Program

The community program provides a matrix of coordinated group activities. These language-based groups are designed to help with re-engagement in life and communication. Our groups help reduce the barriers to communication while teaching new strategies and techniques to improve reading, writing, understanding, and expression. Members are given choices for group participation, which includes a variety of interests such as book and movie clubs, journaling, TV series, travel, music, and technology groups.

Highly trained speech-language pathologists and other specialists facilitate all groups from 9:00 am to 2:00 pm. Members are allowed to participate in this program for as long as they may wish to continue. Rates are determined on a sliding fee scale and range from \$10-40 per day. A member can attend our program and receive outpatient therapy at the same time.

### Intensive Comprehensive Aphasia Program (ICAP)

Intensive Comprehensive Aphasia Program (ICAP) is an individualized, intensive therapy program designed to help maximize communication potential and improve life participation. ICAPs are multi-faceted and take into consideration the many aspects of communication needs faced by persons with aphasia and their families, including reading, writing, speaking, and understanding. Our program runs Monday through Friday, averaging over 25 hours per week for 6 weeks. It encompasses focus on re-engagement in life through individualized evidence based 1:1 therapy, outings, family training, and interactive language and social groups. This program is specialized for the person with aphasia and their family. Potential candidates for the ICAP must be able to participate in 5-6 hours of daily intensive speech and interact in a group setting.

## Community Involvement

Both programs support community involvement and facilitate outings such as museums and lunch outings. We offer a free adaptive sports program after hours including events such as golfing, bowling, and surfing. We also offer 5 free Zoom groups a week including language and social groups, music therapy, and mental health and well-being groups.

## Satellite Locations

We have two satellite conversation groups based in St. Augustine, Florida and Orange Park, Florida. These weekly conversation groups focus on various topics and social activities focusing on improving communication skills, confidence, and friendship.

## Criteria for Participation

The criteria for participation in both programs include primary diagnosis of aphasia, must be able to toilet and feed independently. Detailed information can be provided for either program by contacting us.