### We offer a full system of care to address your needs at each stage of recovery:

#### **INPATIENT REHABILITATION**

#### **BROOKS REHABILITATION HOSPITAL**

With 160-beds, Brooks Rehabilitation Hospital combines highly trained clinicians with the latest technologies to advance rehabilitation for patients with a brain injury, spinal cord injury, stroke, orthopedic injury and pediatric conditions. 3599 University Blvd. S. • Jacksonville, FL 32216 P (904) 345-7600 • F (904) 345-7619

## HALIFAX HEALTH | BROOKS REHABILITATION CENTER FOR INPATIENT REHABILITATION

Halifax Health and Brooks Rehabilitation partnered to create a state-of-the-art inpatient rehabilitation center specializing in stroke, spinal cord injury, brain injury and complex orthopedic conditions.

8th and 9th floors of Halifax Health Medical Center 303 N. Clyde Morris Blvd. • Daytona Beach, FL 32114 P (386) 254-4000 • F (386) 425-5801

#### **SKILLED NURSING**

#### **BARTRAM CROSSING & UNIVERSITY CROSSING**

Our skilled nursing facilities provide both short- and longterm rehabilitation and nursing care. BC: 6209 Brooks Bartram Drive • Jacksonville, FL 32258

P (904) 528-3010 • F (904) 528-3012
UC: 6210 Beach Blvd. • Jacksonville, FL 32216
P (904) 345-8100 • F (904) 345-8108

#### **HOME HEALTH**

A Medicare and ACHC Certified Home Care Agency with stellar patient care and great outcomes. Our skilled services include: nursing, physical therapy, occupational therapy, speech therapy and medical social work. 24-Hour Response Help Line (904) 306-9729

P (844) 238-0064 • F (844) 238-0066

#### **CUSTOM CARE IN YOUR HOME**

Our experienced team of certified nursing assistants and home health aides are dedicated to treat every client as if they are a part of our family.

P (904) 301-0555

#### **OUTPATIENT REHABILITATION**

With a network of over 30 clinics and growing, Brooks Outpatient provides highly specialized staff, services and technology. Specialty clinics include Sports Therapy, Balance, Low Vision, Motion Analysis and our Neuro Recovery Centers.

Central Intake (888) 323-8005 P (904) 345-7277 • F (904) 345-7280

#### **BROOKS REHABILITATION MEDICAL GROUP**

Our Physicians Practice provides inpatient rehabilitation, outpatient care, acute care consultation, skilled nursing care, research and medical education.

P (904) 345-7373

#### **CLINICAL RESEARCH CENTER**

Our Clinical Research Center engages in a variety of clinical trials in partnership with the University of Florida, UF Health Jacksonville, University of North Florida, Mayo Clinic and the Veterans Administration.

P (904) 345-8970

#### **BROOKS CYBERNIC TREATMENT CENTER**

Brooks Rehabilitation and CYBERDYNE, Inc., partnered to bring innovative robotic and cybernic technology to the U.S. The Brooks Cybernic Treatment Center is the only US-based facility offering CYBERDYNE's Medical Hybrid Assistive Limb (HAL) technology to those with a spinal cord injury.

3599 University Blvd. S. • Jacksonville, FL 32216
P (904) 345-7162 • BrooksCyberdyne.org

#### **HELEN'S HOUSE**

A nonprofit hospitality house offering affordable temporary lodging to Brooks' patients and their caregivers. 6207 Beach Blvd. • Jacksonville, FL 32216 P (904) 990-6530 • F (904) 990-6531 BrooksHelensHouse.org

#### **COMMUNITY PROGRAMS**

#### **ADAPTIVE SPORTS & RECREATION**

Brooks offers one of the most comprehensive adaptive sports programs in the country, providing fun and fitness for people living with physical disabilities.

P (904) 345-7314

Brooks Adaptive Sports And Recreation. com

#### PEDIATRIC RECREATION

Our program provides a safe and supportive environment for youth with physical and/or developmental disabilities so they can engage in recreational activities with their peers. P (904) 345-7501

#### **NEURO RECOVERY CENTERS**

These unique gyms allows individuals with disabilities to continue ongoing exercise and conditioning to maintain and improve functional movement and abilities.

3599 University Blvd. S. • Jacksonville, FL 32216
P (904) 345-6812 • F (904) 345-7763

500 Park Ave. • Orange Park, FL 32073 P (904) 278-7890 • F (904) 345-7762

#### **BROOKS PEER & CAREGIVER SUPPORT PROGRAM**

As the Southeast's regional partner to the Christopher and Dana Reeve Foundation, Brooks offers a Peer and Caregiver Mentoring Program. Patients or caregivers are paired with someone who has experienced the impact of a spinal cord injury and can provide support, guidance and advice.



BrooksRehab.org



SPINAL CORD INJURY PROGRAM

Brooks has the experience and experts to help treatment ce individuals with spinal cord injuries thrive.

At Brooks Rehabilitation, we have more than 45 years of expertise in treating spinal cord injuries. Brooks provides more specialized, focused rehabilitation than any other provider in the region, offering the most innovative, scientifically supported treatments available. We know that a spinal cord injury affects each person differently. That's why we offer an individualized plan of care focused on each patient's specific goals and needs.

## Staff Expertise

At Brooks, patients are cared for by a designated team of experts in spinal cord injury. Depending on individual needs, the customized rehabilitation team includes full-time professionals such as:

- A physician specializing in Physical Medicine and Rehabilitation to oversee care
- Physical therapists to help strengthen muscles to improve balance and coordination, transfers, wheelchair mobility and walking
- Occupational therapists who focus on increasing hand and arm use to improve activities
- of daily living such as dressing, bathing, eating and writing
- Speech-language pathologists to help with the ability to communicate, and the ability
- to swallow safely
- Rehabilitation psychologists who provide both assessment and treatment during the recovery process; this can include individual treatment, group counseling and/or
- education classes
- Certified rehabilitation nurses who are specially trained in spinal cord injury care
- and education
- Case managers to coordinate the inpatient stay and assist in discharge plans, including follow-up visits as an outpatient
- Therapeutic recreation to introduce activities adapted to patient abilities and community outings to practice those skills
- Trained and certified peer and caregiver coaches, who share real-life experiences on how to live successfully with a spinal cord injury







# What makes the Spinal Cord Injury Program at Brooks unique?

- A team of highly trained specialists working together to help achieve the most complete recovery possible
- Innovative technology with proven outcomes
- Ongoing research in spinal cord injury treatment techniques
- A full system of care—from inpatient to outpatient to post-rehabilitation exercise—to meet each patient's needs at all stages of recovery
- Specialized programs to meet the unique needs of a patient after a spinal cord injury, such as Driver Rehabilitation, a Wheelchair Clinic, Peer Mentoring, the Neuro Recovery Centers and Adaptive Sports & Recreation



# State-of-the-Art Technology

Research shows that patients with a spinal cord injury have a better chance of recovering at a higher level when they are given intense, task specific rehabilitation. Our Spinal Cord Injury Program is based on these scientifically proven techniques. Brooks offers the newest state-of-the-art equipment in the region, such as:

- CYBERDYNE's Medical Hybrid Assistive Limb (HAL) technology, the world's first robotic medical device that has been shown to improve a patient's ability to walk
- The Zero G overhead track system, which allows patients to perform functional tasks in a body weight supported environment
- Innovative robot-assisted therapy, which encourages intensive, repetitive, activity-based arm movements, allowing patients to complete a variety of computer-based games to simulate practical activities
- A variety of equipment that uses functional electrical stimulation to move muscles, allowing for greater recovery and maintenance of muscle tone