



STROKE RECOVERY PROGRAM

Brooks has the experience and experts to help stroke survivors recover.

At Brooks Rehabilitation, we have more than 45 years of expertise in treating strokes. Brooks provides more specialized, focused stroke rehabilitation than any other provider in the region, offering the most innovative, scientifically supported treatments available. We know that a stroke affects each person differently. That's why we offer an individualized plan of care focused on each patient's specific goals and needs.

Why Choose Brooks?

What makes the Stroke Recovery Program at Brooks unique?

- A team of highly trained specialists working together to help patients achieve the most complete recovery possible
- Innovative technology with proven outcomes for stroke survivors
- Ongoing research on stroke recovery to help determine the best treatment techniques
- Full continuum of care—from inpatient to outpatient to post-rehabilitation community programs—to meet patients' needs at all stages of recovery
- Specialized programs to help with the unique needs of stroke survivors, such as Driver Rehabilitation, Day Treatment, our Neuro Recovery Centers, Brooks Clubhouse, Aphasia Center, Stroke Wellness and Brooks Adaptive Sports & Recreation



Expertise of Staff

At Brooks, our customized rehabilitation team includes:

- A physician specializing in physical medicine and rehabilitation to oversee recovery
- Physical therapists to help strengthen muscles for increased balance, walking and coordination
- Occupational therapists to focus on muscle strength for increased hand and arm use with daily living activities
- Speech-language pathologists to help regain the ability to communicate, swallow safely and understand information
- Board-certified neuropsychologists, who perform evaluations to determine if there are deficits in concentration, memory, reasoning and problem solving
- Cognitive therapists to help address deficits
- Certified rehabilitation nurses experienced in stroke care and education
- Case managers to coordinate the inpatient stay and help plan continued care



Research-Based Treatment

Research shows stroke survivors have the potential to recover at a higher level when they take part in intense repetitive rehabilitation, or motor learning. The Stroke Recovery Program includes these scientifically proven techniques as the basis for all of our treatments.

Brooks offers patients the newest, state-of-the-art equipment including:

- An overhead track system with a harness that supports body weight to assist with walking and balance
- Innovative robot-assisted therapy, encouraging intensive, repetitive, activity-based arm movements
- A variety of equipment that using mild electrical stimulation to allow muscles to work
- Equipment with a supportive brace from shoulder to hand to allow patients to complete a variety of computer-based games to simulate practical activities



We offer a full system of care to address your needs at each stage of recovery:

INPATIENT REHABILITATION

BROOKS REHABILITATION HOSPITAL

With 160-beds, Brooks Rehabilitation Hospital combines highly trained clinicians with the latest technologies to advance rehabilitation for patients with a brain injury, spinal cord injury, stroke, orthopedic injury and pediatric conditions.
3599 University Blvd. S. • Jacksonville, FL 32216
P (904) 345-7600 • F (904) 345-7619

HALIFAX HEALTH | BROOKS REHABILITATION CENTER FOR INPATIENT REHABILITATION

Halifax Health and Brooks Rehabilitation partnered to create a state-of-the-art inpatient rehabilitation center specializing in stroke, spinal cord injury, brain injury and complex orthopedic conditions.

8th and 9th floors of Halifax Health Medical Center
303 N. Clyde Morris Blvd. • Daytona Beach, FL 32114
P (386) 254-4000 • F (386) 425-5801

SKILLED NURSING

BARTRAM CROSSING & UNIVERSITY CROSSING

Our skilled nursing facilities provide both short- and long-term rehabilitation and nursing care.

BC: 6209 Brooks Bartram Drive • Jacksonville, FL 32258
P (904) 528-3010 • F (904) 528-3012
UC: 6210 Beach Blvd. • Jacksonville, FL 32216
P (904) 345-8100 • F (904) 345-8108

HOME HEALTH

A Medicare and ACHC Certified Home Care Agency with stellar patient care and great outcomes. Our skilled services include: nursing, physical therapy, occupational therapy, speech therapy and medical social work.

24-Hour Response Help Line (904) 306-9729
P (844) 238-0064 • F (844) 238-0066

CUSTOM CARE IN YOUR HOME

Our experienced team of certified nursing assistants and home health aides are dedicated to treat every client as if they are a part of our family.

P (904) 301-0555

OUTPATIENT REHABILITATION

With a network of over 30 clinics and growing, Brooks Outpatient provides highly specialized staff, services and technology. Specialty clinics include Sports Therapy, Balance, Low Vision, Motion Analysis and our Neuro Recovery Centers.

Central Intake (888) 323-8005
P (904) 345-7277 • F (904) 345-7280

BROOKS REHABILITATION MEDICAL GROUP

Our Physicians Practice provides inpatient rehabilitation, outpatient care, acute care consultation, skilled nursing care, research and medical education.

P (904) 345-7373

CLINICAL RESEARCH CENTER

Our Clinical Research Center engages in a variety of clinical trials in partnership with the University of Florida, UF Health Jacksonville, University of North Florida, Mayo Clinic and the Veterans Administration.

P (904) 345-8970

BEHAVIORAL MEDICINE

Individual and group-based services are offered in the Neurorehabilitation Day Treatment Program, which emphasizes cognitive and physical recovery.

NRDT: P (904) 345-7223

HELEN'S HOUSE

A nonprofit hospitality house offering affordable temporary lodging to Brooks' patients and their caregivers.

6207 Beach Blvd. • Jacksonville, FL 32216
P (904) 990-6530 • F (904) 990-6531
BrooksHelensHouse.org

COMMUNITY PROGRAMS

ADAPTIVE SPORTS & RECREATION

Brooks offers one of the most comprehensive adaptive sports programs in the country, providing fun and fitness for people living with physical disabilities.

P (904) 345-7314
BrooksAdaptiveSportsAndRecreation.com

CLUBHOUSE

Our day program focuses on improving functional abilities, developing work skills and creating a sense of community and belonging.

P (904) 674-6400

APHASIA CENTER

The Aphasia Center provides comprehensive support to those affected by aphasia due to stroke, traumatic brain injury, brain tumors and other neurological disorders.

P (904) 345-6780

WELLNESS PROGRAMS

Through partnerships with the YMCA's of Florida and Halifax Medical Center, this program offers multiple locations where survivors can complete a prescribed exercise plan under the guidance of trained exercise specialists.

P (904) 345-7277

PEDIATRIC RECREATION

Our program provides a safe and supportive environment for youth with physical and/or developmental disabilities so they can engage in recreational activities with their peers.

P (904) 345-7501

NEURO RECOVERY CENTERS

These unique gyms allow individuals with disabilities to continue ongoing exercise and conditioning to maintain and improve functional movement and abilities.

3599 University Blvd. S. • Jacksonville, FL 32216
P (904) 345-6812 • F (904) 345-7763
500 Park Ave. • Orange Park, FL 32073
P (904) 278-7890 • F (904) 345-7762



For more information, visit BrooksRehab.org/stroke.

     #WeAreBrooks