



BROOKS[®]
Rehabilitation

Chronic Pain Studies

Online Tele-Rehab Program (OTP)

Tele-rehabilitation technologies are thought to increase patient adherence to post-discharge home exercise and self-management recommendations by offering a more interactive experience that is flexible to the needs of the patient.

The primary purpose of this study is to compare the use of an online tele-rehabilitation platform versus a standard prerecorded DVD in supporting the sustainability of outcomes achieved during a comprehensive multidisciplinary pain rehabilitation program.

Contact the BRCRC

If you are interested in participating in current or future research studies, please contact us at

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