

BROOKS[®] Rehabilitation



COMMUNITY PROGRAMS

Brooks Rehabilitation is the recognized leader for providing a system of world-class rehabilitation solutions.

Brooks offers a variety of health and wellness programs to promote the physical, social and emotional well-being of individuals with disabilities. There is a shared goal of fostering relationships and building a sense of community across all of the programs. Brooks strives to remove barriers to participation by offering all community programs at little or no cost for participants of all ages.



ADAPTIVE SPORTS AND RECREATION

Brooks offers the most comprehensive adaptive sports and recreation program in the country, providing fun and fitness for people of all ages living with various disabilities. Program participants can enjoy competitive or recreational team and individual sports, plus a variety of other wellness and fitness activities.





APHASIA CENTER

The Aphasia Center provides comprehensive support for participants affected by aphasia due to stroke, traumatic brain injury, brain tumors or other neurological disorders. The Aphasia Center offers two programs, including a community track and an intensive, comprehensive track.

BRAIN INJURY CLUBHOUSE

The Clubhouse is a community health program that provides for the long-term recovery needs of individuals who have suffered an acquired brain injury. The day-program bridges the gap between medical rehabilitation, vocational training and community reintegration. It is currently the only Brain Injury Clubhouse in Florida and one of only 24 in the world.



NEURO RECOVERY CENTERS

The Neuro Recovery Centers offer specialized equipment for customized rehabilitation during formal therapy and after traditional therapy has been completed. This unique gym allows individuals with disabilities to continue ongoing exercise and conditioning to maintain and improve functional movement and abilities.

CLINICAL RESEARCH CENTER

The Clinical Research Center is devoted to conducting innovative research studies that will expand the knowledge and science of recovery for our patients. Our skilled team is driven by a mission to generate new knowledge and integrate the latest research discoveries into clinical practices that improve patient outcomes and quality of life.

MOTION ANALYSIS CENTER

The Motion Analysis Center (MAC) is a specialized clinical and research assessment facility, focused on gait and movement impairments in people of all ages. Through the use of innovative technology, clinical examination, and biomechanical assessment, our purpose is to advance rehabilitation science and clinical practice, leading to improved recovery and performance in individuals with neurologic and orthopedic impairments.

WELLNESS

Brooks offers Wellness programs focused on fitness and wellness education for individuals who experienced neurological disease or injury in partnership with the local YMCAs of Florida. Participants receive an assessment from a physical therapist and a customized fitness plan to maintain mobility. These programs are supervised by specialized staff who understand the unique challenges of a life-altering disease or injury.





PEDIATRIC RECREATION

Pediatric Recreation is a free program that provides a safe and supportive environment for youth with physical and/or developmental disabilities so they can engage in recreational activities with their peers.

SCHOOL RE-ENTRY PROGRAM

The School Re-entry Program maximizes a child's successful transition back to school following a disabling illness or injury. The program includes education for classmates, school professionals and families to help them understand the challenges and needs of a student transitioning back to school.

SUPPORT GROUPS

Support groups provide a unique opportunity for patients to interact and form personal connections with people facing similar challenges.

For more information about all of our community programs, please call **(904) 345-7073** or visit **Brooksrehab.org**

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#WeAreBrooks

BrooksRehab.org