

BROOKS[®]

Rehabilitation



HELEN'S HOUSE



A Welcoming Home for Hope and Support

We are a nonprofit hospitality house offering affordable temporary lodging to Brooks patients and their caregivers.

Helen's House is named in honor of Helen Brown, the wife of Brooks founder J. Brooks Brown, MD. Helen was a welcoming and gracious host who made everyone she met feel like they were part of the family.

The house provides lodging for patients and their families recovering from serious illnesses in a "Community of Healing" environment.

This concept is unique to hospitality houses and will be duplicated in Helen's House as we incorporate supportive programs to help our guests cope with the stress of their difficult medical circumstances.

Initially, these programs will include Mindfulness for Stress Management, Tai Chi and Art Therapy, as well as our Chef's Night In program where community businesses and associations provide dinners for our guests.

Guest Amenities

- 38 guest rooms, handicapped-accessible, for up to three guests. Each room has a queen-sized bed, a pull-out sofa and a private bath
- A large community kitchen for meal preparation and a large dining room
- Free WiFi
- Cable televisions in four community rooms
- Business office with computers for guest use
- A laundry room on each floor
- Fitness room
- Community program room for “Community of Healing” integrative therapy classes

Guest Requirements

- Helen's House is intended for patients of Brooks and their caregivers.
- A guest can remain eligible to stay if their loved one remains admitted to a Brooks inpatient setting (Hospital, Skilled Nursing Facility or is taking part in the Neurorehabilitation Day Treatment, SCI Day Treatment, Pain Rehabilitation or the Intensive Aphasia Center Program.)
- All guests and caregivers must reside outside the following five counties: Duval, Nassau, St. Johns, Clay and Baker.
- A referral is required for patients (guests) from their Brooks Case Manager or Nurse Liaison.
- The nightly room rate is \$50 for the first night and \$40 per night thereafter. Guests may pay by cash, check or credit card.
- Guests may stay at Helen's House for a minimum of two nights.
- Check-in hours for all guests are between 3 p.m. and 8 p.m. daily.
- All patients staying at Helen's House are required to have a caregiver who must be 18-years-of-age or older.
- All minors must be in the presence of, or accompanied by, a parent or legal guardian 24/7.

Helen's House

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brookshelenshouse.org

#WeAreBrooks

