

Sleep SMART

You may be able to take part in this important research study. Participation is voluntary. If you are interested in more information, please contact the site coordinator listed in this brochure.

CONTACT US

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www.clinicaltrials.gov/ct2/show/nct03812653

Sleep SMART

Sleep For Stroke
Management And Recovery

TRIAL



Funded By The



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We invite you to participate in this opportunity! Sleep SMART involves thousands of patients in over 100 hospitals across the United States. This research study may benefit you, and may help future stroke patients to recover, or to avoid another stroke.



This research study, "Sleep SMART," will help us figure out whether treatment of sleep apnea improves stroke recovery, and helps prevent future strokes.

Sleep apnea causes you to stop breathing or almost stop breathing, repeatedly, while you sleep. Sleep apnea is linked to worse outcomes after stroke. Most stroke patients have sleep apnea but do not know it.

NIGHT ONE

You will have a test for sleep apnea, using a simple device overnight, in your hospital room. If this test shows sleep apnea, you will have the opportunity to try a common treatment for sleep apnea on the next night.



NIGHT TWO

You will try CPAP (Continuous Positive Airway Pressure) for one night to see if you are comfortable using it. If so, for the next 6 months, you will join a group that uses CPAP or a group that does not use CPAP. Both groups also receive standard medical care. You have an equal chance of being in either group.



Participation in this study is at no cost to you. You will be compensated for your time (\$25 for night one, \$25 for night two, \$75 for the 3-month visit, and \$75 for the 6-month visit).

