



BROOKS[®] Rehabilitation

COMMUNITY PROGRAMS

Brooks Rehabilitation is the recognized leader for providing a system of world-class rehabilitation solutions.

Brooks offers a variety of health and wellness programs to promote the physical, social and emotional well-being of individuals with disabilities. There is a shared goal of fostering relationships and building a sense of community across all of the programs. Brooks strives to remove barriers to participation by offering all community programs at little or no cost for participants of all ages.



ADAPTIVE SPORTS AND RECREATION

Brooks offers the most comprehensive adaptive sports and recreation program in the country, providing fun and fitness for people of all ages living with various disabilities. Program participants can enjoy competitive or recreational team and individual sports, plus a variety of other wellness and fitness activities.

For more information, call (904) 345-7314 or visit brooksadaptivesportsandrecreation.com.

APHASIA CENTER

The Aphasia Center provides comprehensive support for participants affected by aphasia due to stroke, traumatic brain injury, brain tumors or other neurological disorders. The Aphasia Center offers two programs, including a community track and a six week intensive, comprehensive aphasia program (ICAP). Communication training, support and education is available for families and people with aphasia.

For more information, call (904) 345-6780 or email us at Aphasia@BrooksRehab.org.

BRAIN INJURY CLUBHOUSE

The Clubhouse is a community health program that provides for the long-term recovery needs of individuals who have suffered an acquired brain injury. The day-program bridges the gap between medical rehabilitation, vocational training and community reintegration. It is currently the only Brain Injury Clubhouse in Florida and one of only 17 in the world.

For more information, call (904) 674-6400.

CLINICAL RESEARCH CENTER

The Clinical Research Center is devoted to generating new knowledge and integrating the latest research discoveries that improve patient outcomes and quality of life into clinical practice. We offer patients and other community members the opportunity to participate in innovative research studies that are focused on expanding the knowledge and science of recovery for the populations we serve.

For more information, call (904) 345-8973 or email us at Brooks.Research@BrooksRehab.org.

MOTION ANALYSIS CENTER

The Brooks Motion Analysis Center (MAC) is a specialized clinical and research assessment facility focused on gait and movement impairments in people of all ages. Motion analysis uses innovative technology to quantify muscle activity, joint motion and forces during movement. It is a powerful tool that can be used for assessment and development of interventions to improve recovery and performance for individuals with neurologic and orthopedic impairments.

For more information, call (904) 345-8967 or email us at Brooks.MAC@BrooksRehab.org.

WELLNESS

Brooks offers Wellness programs focused on fitness and wellness education for individuals who experienced neurological disease or injury in partnership with the local YMCAs of Florida. Participants receive an assessment from a physical therapist and a customized fitness plan to maintain mobility. These programs are supervised by specialized staff who understand the unique challenges of a life-altering disease or injury.

For more information, call: (904) 451-3580 or e-mail AdaptiveWellness@BrooksRehab.org.





NEURO RECOVERY CENTERS

The Neuro Recovery Centers offer specialized equipment for customized rehabilitation during formal therapy and after traditional therapy has been completed. This unique gym allows individuals with disabilities to continue ongoing exercise and conditioning to maintain and improve functional movement and abilities.

For more information call (904) 345-6812 or email us at NRC@BrooksRehab.org.

PEDIATRIC RECREATION

Pediatric Recreation is a free program that provides a safe and supportive environment for youth with physical and/or developmental disabilities so they can engage in recreational activities with their peers. We offer both sport and recreation programs year round through weekly classes, monthly activities and family-friendly special events.

For more information, call (904) 345-7501 or email us at PediatricRecreation@BrooksRehab.org.



SCHOOL RE-ENTRY PROGRAM

Brooks School Re-entry Program (BSRP) provides a continuum of school transition and support services for children and adolescents at Brooks Rehabilitation Hospital. Our School Re-entry specialists serve as liaisons, collaborating with the child's family, their medical team and their school in order to maximize academic success and ensure a smooth transition back to school. Whether referring a toddler for early intervention services, helping a college student obtain accommodations, or anything in between, BSRP provides a customized approach to each patient's school re-entry.

For more information, call (904) 345-7218 or email us at Schoolreentry@BrooksRehab.org.

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