



Stretching after Spinal Cord Injury

This research study examines the effects of stretching on motor function, like walking and leg strength.

Participation will include two, non-consecutive weeks of either stretching or passive movement of your legs performed by a physical therapist.

We will test various items related to your motor function that include:

Seated leg strength, Muscle activity, Spasticity, and Walking tests.

Principle Investigator: Dr. Fox with Brooks Rehabilitation and University of Florida

Location

- In-person sessions located at Brooks Rehabilitation Clinical Research Center in Jacksonville, FL.

Are you eligible?

- Sustained an incomplete spinal cord injury > 6 months ago
- Age 18-80
- Able to walk 10 feet with assistance
- Other eligibility criteria will apply

If you're interested, contact us today!!

(904) 345-6910

Brooks Rehabilitation Research Center

Email: Brooks.Research@brooksrehab.org

Visit: brooksrehab.org/research/

Participants are compensated for qualifying visits

Principle Investigator: Dr. Emily Fox, DPT, MHS, PhD with Brooks Rehabilitation and University of Florida