



Spinal Cord Injury Beyond Recovery

Brooks Rehabilitation offers a full system of care—from inpatient to outpatient to post-rehabilitation programs—to meet each patient’s needs at all stages of recovery. The depth and breadth of services offered at Brooks mean patients receive highly personalized care focused on their specific goals.

For more than 50 years, our spinal cord injury program has been helping patients to achieve their greatest possible outcomes by utilizing technology paired with intensive evidence-based therapy provided by expert clinicians. At our state-of-the-art facilities, we use the most innovative technology available in the country, including motion assisted technology, functional electrical stimulation, virtual reality systems, body weight support and overground gait training systems, biofeedback systems, and Hybrid Assisted Limb technology (HAL).

Brooks also offers specialized programs, such as: driver rehabilitation, day treatment, Neuro Recovery Centers, wellness and Brooks Adaptive Sports & Recreation.



427 patients
310 males
117 females



Program Overview

	Average	Nation
Age	59	62
Length of Stay (Days)	24	23
Self Care Change Per Day	0.8	0.7
Mobility Change Per Day	0.7	0.7
Case Mix Index (CMI)	2.25	1.76
Minutes of Therapy Per Week	995	965
Discharge to the Community	70%	67%
Discharge to Skilled Nursing Facility	16%	16%
Discharge to Acute Care	13%	15%
Falls	7%	6%

Types of Spinal Cord Injuries

Non-traumatic spinal cord injuries → **230**

Traumatic spinal cord injuries → **173**

